Here's a kit list to ensure participants are well-prepared for recycling workshops, litter picks, and beach cleans:

## **Essential Items:**

- 1. **Reusable Gloves** Heavy-duty or gardening gloves for safe handling of waste.(we will provide these but you can bring your own
- 2. **Sturdy Bags or Buckets** For collecting litter; mesh bags are great for beach cleans as they let sand out.
- 3. **Trash Grabber/Tongs** For safely picking up litter without direct contact.
- 4. Water Bottle Refillable to stay hydrated throughout the event.
- 5. Weather-Appropriate Clothing:
  - Waterproof jacket In case of rain.
  - Warm layers For cooler weather.
  - Sun hat or cap For sun protection on hot days.
  - Windproof outer layer Especially useful on beach cleans.
- Closed-Toe Shoes Comfortable, durable footwear (like boots or trainers) for rough terrain or beach conditions.

## **Recommended Extras:**

- 1. **Sunscreen** SPF 30 or higher for sun protection.
- 2. **Snacks** Bring a light, eco-friendly snack in reusable containers.
- 3. First Aid Kit If you have one, to supplement any group kit available.
- 4. Reusable Cloth or Wipes Handy for cleaning hands after picking or sorting litter.
- 5. **Notebook and Pen** For taking notes during the recycling workshop portion.
- 6. **Camera or Phone** For documenting finds, capturing photos, or sharing on social media (optional).

## **Optional:**

- **Eco-friendly hand sanitizer** For cleaning hands post-event.
- Rain cover or bag To protect personal items if it rains.
- Reusable Cutlery or Travel Mug If there's a snack or beverage break.

## **Important Reminders:**

- **Leave No Trace** Aim to minimize personal waste and take everything you brought with you.
- Personal ID and Emergency Contact Info In case of an emergency.

Would you like tips on organizing the kit distribution or preparing a checklist for participants?